

REVIEW BY TASK AND FINISH PANEL**QUESTIONNAIRE ON SERVICE PROVISION BY SLA FUNDED GROUPS**

1. Name of Group: Carers Trust EHHR

2. What does your group do?

Carers Trust EHHR provides community based respite to Carers.

We have a team of trained Care Support Workers who are able to take over the caring role of carers for short periods of time. This allows the carer to have a break from their caring role, which allows the carer to continue to be able to care for their loved one at home for longer.

Carers Trust EHHR offers carers a flexible service to suit carers and the cared for person's needs. An individual care plan and risk assessment are completed with the carer and cared for person at the initial assessment. This allows the carer and cared for person to shape the service received to suit their needs.

3. Please tell us about the positive impact you feel you make in the Epping Forest district

Carers Trust EHHR are able to assist carers and their loved ones within the Epping Forest district by providing our community based respite.

Carers often feel isolated, with parts of Epping Forest district being more rural than others this can be more of an issue to carers. When we provide a service to carers we try to introduce two Care Support Workers who will regularly provide the service. This allows the carer to build a relationship with our Care Support Workers, which helps them to feel less isolated.

4. Tell us how the grant aid funding has contributed to your activities/services?

The grant we receive has allowed us to continue to provide our community based respite within the Epping Forest district.

The grant allows us to continue to reach carers and to assist them to remain caring for their loved ones within their home and to improve their emotional and physical health and well-being.

5. What would your group like to do to extend its provision and what unmet needs are you aware of?

Carers Trust EHHR would like to continue to provide community based respite within the Epping Forest district, but to increase the quantity enabling us to reach more carers. We also provide services within the Redbridge and Havering areas and have developed community based services for carers of those with a diagnosis of moderate to advanced Dementia.

The services have been very successful in the two other areas. The service we offer is provided within the family home which is quite unique, as predominately services for those with moderate to advanced Dementia is provided in a day centre. Unfortunately Dementia is increasing in all areas and we would like to develop the service within the Epping Forest district.

6. Please provide a copy of your latest income/expenditure statement.

Many thanks

**Chris Overend
Community, Policy and Grants Manager**

**Redbridge, Epping and Harlow Crossroads-
Caring for Carers
(Company Limited By Guarantee)**

**Statement of Financial Activities
for the Year Ended 31 March 2014**

| | <u>Notes</u> | <u>Unrestricted funds</u> £ | <u>Restricted funds</u> £ | <u>31.3.14 Total funds</u> £ | <u>31.3.13 Total funds</u> £ |
|--|--------------|------------------------------------|----------------------------------|---|---|
| INCOMING RESOURCES | | | | | |
| Incoming resources from generated funds | | | | | |
| Incoming Resources from Charitable Sources | 2 | 1,003,847 | 276,971 | 1,280,818 | 1,318,214 |
| Investment income | 3 | 817 | - | 817 | 1,265 |
| Total incoming resources | | 1,004,664 | 276,971 | 1,281,635 | 1,319,479 |
| RESOURCES EXPENDED | | | | | |
| Costs of generating funds | | | | | |
| Costs of generating voluntary income | 4 | - | 2,000 | 2,000 | 4,993 |
| Charitable activities | | | | | |
| Direct Costs of activities in furtherance of the | | | | | |
| Charity's objects | 5 | 810,717 | 263,761 | 1,074,478 | 1,066,098 |
| Management and Administration of the Charity | 6 | 171,617 | 52,733 | 224,350 | 217,103 |
| Governance costs | 7 | 29,619 | 650 | 30,269 | 15,076 |
| Total resources expended | | 1,011,953 | 319,144 | 1,331,097 | 1,303,270 |
| NET INCOMING/(OUTGOING) RESOURCES | | | | | |
| | | (7,289) | (42,173) | (49,462) | 16,209 |
| Total funds brought forward | | 211,564 | 190,215 | 401,779 | 385,570 |
| TOTAL FUNDS CARRIED FORWARD | | 204,275 | 148,042 | 352,317 | 401,779 |

CONTINUING OPERATIONS

All incoming resources and resources expended arise from continuing activities.

The notes form part of these financial statements

Redbridge, Epping and Harlow Crossroads-
Caring for Carers
(Company Limited By Guarantee)

**Balance Sheet
At 31 March 2014**

| | <u>Notes</u> | <u>Unrestricted funds £</u> | <u>Restricted funds £</u> | <u>31.3.14 Total funds £</u> | <u>31.3.13 Total funds £</u> |
|--|--------------|-------------------------------------|-----------------------------------|--|--|
| FIXED ASSETS | | | | | |
| Tangible assets | 11 | 9,072 | - | 9,072 | 5,422 |
| CURRENT ASSETS | | | | | |
| Debtors: amounts falling due within one year | 12 | 89,154 | 4,509 | 93,663 | 110,157 |
| Cash at bank and in hand | | <u>224,384</u> | <u>182,539</u> | <u>406,923</u> | <u>432,511</u> |
| | | 313,538 | 187,048 | 500,586 | 542,668 |
| CREDITORS | | | | | |
| Amounts falling due within one year | 13 | (118,335) | (39,006) | (157,341) | (146,311) |
| NET CURRENT ASSETS | | <u>195,203</u> | <u>148,042</u> | <u>343,245</u> | <u>396,357</u> |
| TOTAL ASSETS LESS CURRENT LIABILITIES | | <u>204,275</u> | <u>148,042</u> | <u>352,317</u> | <u>401,779</u> |
| NET ASSETS | | <u>204,275</u> | <u>148,042</u> | <u>352,317</u> | <u>401,779</u> |
| FUNDS | 14 | | | | |
| Unrestricted funds | | | | 204,275 | 211,564 |
| Restricted funds | | | | <u>148,042</u> | <u>190,215</u> |
| TOTAL FUNDS | | | | <u>352,317</u> | <u>401,779</u> |

The financial statements were approved by the Board of Trustees on 24 September 2014 and were signed on its behalf by:


A J Palmer - Trustee

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